The Faith Calendar Project: Sikh

1. Who was interviewed? What did you learn about this person’s background? About this person’s faith community? How did this person introduce the faith tradition?
2. How many Sikhs are in the Houston area? When did they come to the Houston area? How do observances for Sikhs in America differ from other parts of the world?
3. List three things about the following holidays that you learned:
   a. Daily/Weekly observance
   b. Vaisakhi Day
   c. Gurus’ Birthdays
4. The guest offered her own personal experience about trying to equate her faith with elements from another faith? What is valuable about this approach?
5. Compare how the Sikh religion begins the date of its calendar with its founding with Christianity and Islam.
6. What did you hear as the key elements of the Sikh tradition? How did the interviewee answer the question, “What is most important about these holidays?”

Vocabulary to Define
Punjab
Monotheism
Langar
Gurdwara
Kirtan
Guru Granth Sahib
Guru Goband Singh
Guru Nanak
The “Five K’s” (long hair, a comb, steel bracelet, a dagger, ceremonial undergarments)
The significance of the last names Singh and Kaur
Sanghat (this word has the same origin as the Buddhist word sangha)
Nanakshahi Calendar
Khalsa